

# Medical Benefit Highlights Personal Choice Option 7 West Chester Area SD Covered Services Your Costs (You

Covered Services	Your Costs (You pay)	
Benefits per Calendar Year	In-Network	Out-of-Network
Deductible (Embedded) <sup>1</sup>		
Individual/Family	\$0/\$0	\$250/\$500
Out-of-Pocket Maximum (Embedded) <sup>2</sup>	- T	
Individual/Family	\$500/\$1,000	\$1,000/\$2,000
Coinsurance	0%	20%
Preventive Services	In-Network	Out-of-Network
Preventive Care	No charge	20% no deductible
Preventive Colonoscopy		
Preventive Plus Providers	No charge	Not covered
Hospital Based	No charge	20% no deductible
•		
Physician Services	In-Network	Out-of-Network
Primary Care Physician (PCP) Office Visit	\$5	20% after deductible
Specialist Office Visit	\$5	20% after deductible
Retail Health Clinic Visit	\$5	20% after deductible
Telemedicine	Not covered	Not covered
Urgent Care Visit	\$17	20% after deductible
Therapy Services	In-Network	Out-of-Network
Physical Therapy		
Freestanding	\$10	20% after deductible
Hospital Based	\$10	20% after deductible
Occupational Therapy		
Freestanding	\$10	20% after deductible
Hospital Based	\$10	20% after deductible
Speech Therapy	\$10	20% after deductible
<b>Emergency Services</b>	In-Network	Out-of-Network
Emergency Room (copay waived if	\$25	Covered at In-Network level
admitted)	No obove	Covered at In-Network level
Emergency Ambulance	No charge	
Non-Emergency Ambulance	No charge	20% after deductible
Hospital Services	In-Network	Out-of-Network
Inpatient Hospital Services (In-Network:	No charge	20% after deductible
365 days/year; Out-of-Network: 70	NO Glarge	2070 aiter deductible
days/year) <sup>3</sup>		
Maternity Hospital Services <sup>3</sup>	No charge	20% after deductible
Inpatient Professional Services (includes	No charge	20% after deductible
Maternity)	140 Glaige	20 /0 aitsi ueuuciibie
waterity)		
Outpatient Surgery	In-Network	Out-of-Network
Freestanding	No charge	20% after deductible
Hospital Based	No charge	20% after deductible
Outpatient Professional Services	No charge	20% after deductible
Outpatient i Tolessional Services	140 Glarge	20 /0 aiter deductible



Outpatient Diagnostics	In-Network	Out-of-Network
Diagnostic Medical (EKG)	No charge	20% after deductible
Routine Radiology (X-Ray)		
Freestanding	No charge	20% after deductible
Hospital Based	No charge	20% after deductible
Advanced Imaging (MRI/MRA,CT/CTA		
Scan, PET Scan)		
Freestanding	No charge	20% after deductible
Hospital Based	No charge	20% after deductible
Outpatient Lab and Pathology	In-Network	Out-of-Network
Freestanding	No charge	20% after deductible
Hospital Based	No charge	20% after deductible
Other Medical Services	In-Network	Out-of-Network
Spinal Manipulations	\$10	20% after deductible
Acupuncture (18 visits/year for certain	\$5	20% after deductible
conditions) <sup>4</sup>		
Standard Injectables	No charge	20% after deductible
Allergy Injections	No charge	20% after deductible
Biotech/Specialty Injectables	No charge	20% after deductible
Chemotherapy	No charge	20% after deductible
Dialysis	No charge	20% after deductible
Skilled Nursing Facility	No charge	20% after deductible
Home Health	No charge	20% after deductible
Hospice	No charge	20% after deductible
Durable Medical Equipment (DME)	No charge	20% after deductible
Mental Health – Outpatient (includes	\$5	20% after deductible
serious mental illness and substance		
abuse)		
Mental Health – Inpatient (includes serious	No charge	20% after deductible
mental illness and substance abuse)3		

<sup>&</sup>lt;sup>1</sup> Embedded deductible: Each covered family member only needs to satisfy his or her individual deductible, not the entire family deductible, prior to receiving plan benefits.

The Personal Choice® Preferred Provider Organization (PPO) gives you freedom of choice by allowing you to select your own doctors and hospitals. You maximize your coverage by accessing care through Personal Choice's network of hospitals, doctors, and specialists, or by accessing care through preferred providers who participate in the BlueCard® PPO program. If you access care from a provider who does not participate in our network, you will have higher out-of-pocket costs and may have to submit your claim for reimbursement.

<sup>&</sup>lt;sup>2</sup> Embedded out-of-pocket maximum: Each covered family member only needs to satisfy his or her individual out-of-pocket maximum, not the entire family out-of-pocket maximum.

<sup>3</sup> Inpatient hospital out of network day limit combined for all inpatient medical, maternity, mental health, serious mental illness, and substance abuse services.

<sup>&</sup>lt;sup>4</sup> Combined in and out of network.



another program, the benefits and exclusions may differ. Also, benefits and exclusions may be further defined by medical policy. As a result, this managed care plan may not cover all of your health care expenses. Read your contract/member benefit booklet carefully for a complete listing of terms, limitations, and exclusions of the program. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://www.ibx.com/LGBooklet">www.ibx.com/LGBooklet</a> or call 1-800-ASK-BLUE (TTY: 711).

Benefits may be changed by Independence Blue Cross to comply with applicable federal/state laws and regulations.

Certain services require preapproval/precertification by the health plan prior to being performed. To obtain a list of services that require authorization, please log on to <a href="http://www.ibx.com/preapproval">http://www.ibx.com/preapproval</a> or call the phone number that is listed on the back of your identification card.

Benefits underwritten or administered by QCC Insurance Company, a subsidiary of Independence Blue Cross - Independent licensees of the Blue Cross and Blue Shield Association. <a href="https://www.ibx.com">www.ibx.com</a>

# Language Assistance Services

Spanish: ATENCIÓN: Si habla español, cuenta con servicios de asistencia en idiomas disponibles de forma gratuita para usted. Llame al 1-800-275-2583 (TTY: 711).

Chinese: 注意:如果您讲中文,您可以得到免费的语言协助服务。致电 1-800-275-2583。

Korean: 안내사항: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-275-2583 번으로 전화하십시오.

Portuguese: ATENÇÃO: se você fala português, encontram-se disponíveis serviços gratuitos de assistência ao idioma. Lique para 1-800-275-2583.

Gujarati: સૂચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહ્યય સેવાઓ તમારા માટે ઉપલબ્ધ છે. 1-800-275-2583 કોલ કરો.

Vietnamese: LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi sẽ cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Hãy gọi 1-800-275-2583.

Russian: ВНИМАНИЕ: Если вы говорите по-русски, то можете бесплатно воспользоваться услугами перевода. Тел.: 1-800-275-2583.

Polish UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-275-2583.

Italian: ATTENZIONE: Se lei parla italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-275-2583.

# Arabic:

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية متاحة لك بالمجان. اتصل برقم 2583-275-800-1.

French Creole: ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-275-2583. Tagalog: PAUNAWA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga serbisyo na tulong sa wika nang walang bayad. Tumawag sa 1-800-275-2583.

French: ATTENTION: Si vous parlez français, des services d'aide linguistique-vous sont proposés gratuitement. Appelez le 1-800-275-2583.

Pennsylvania Dutch: BASS UFF: Wann du Pennsylvania Deitsch schwetzscht, kannscht du Hilf griege in dei eegni Schprooch unni as es dich ennich eppes koschte zellt. Ruf die Nummer 1-800-275-2583.

Hindi: ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। कॉल करें 1-800-275-2583।

German: ACHTUNG: Wenn Sie Deutsch sprechen, können Sie kostenlos sprachliche Unterstützung anfordern. Wählen Sie 1-800-275-2583.

Japanese: 備考: 母国語が日本語の方は、言語アシスタンスサービス (無料) をご利用いただけます。 1-800-275-2583へお電話ください。

# Persian (Farsi):

توجه: اگر فارسی صحبت می کنید، خدمات ترجمه به صورت ر ایگان برای شما فراهم می باشد. با شماره 2583-275-800-1 تماس بگیرید.

Navajo: Díí baa akó nínízin: Díí saad bee yánílti go Diné Bizaad, saad bee áká ánída áwo déé, táá jiik eh. Hódíílnih koji 1-800-275-2583.

### Urdu:

Mon-Khmer, Cambodian: សូមមេត្តាចាប់អារម្មណ៍៖ ប្រសិនបើអ្នកនិយាយភាសាមន-ខ្មែរ ឬភាសាខ្មែរ នោះ ជំនួយផ្នែកភាសានឹងមានផ្ដល់ជូនដល់លោកអ្នកដោយឥត គិតថ្លៃៗ ទូរសព្ទទៅលេខ 1-800-275-2583។

# Discrimination is Against the Law

This Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. This Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

# This Plan provides:

- Free aids and services to people with disabilities to communicate effectively with us, such as: qualified sign language interpreters, and written information in other formats (large print, audio, accessible electronic formats, other formats).
- Free language services to people whose primary language is not English, such as: qualified interpreters and information written in other languages.

If you need these services, contact our Civil Rights Coordinator. If you believe that This Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator. You can file a grievance in the following ways: In person or by mail: ATTN: Civil Rights Coordinator, 1901 Market Street, Philadelphia, PA 19103, By phone: 1-888-377-3933 (TTY: 711) By fax: 215-761-0245, By email: civilrightscoordinator@1901market.com. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at

http://www.hhs.gov/ocr/office/file/index.html.